

Technical Information: Real Food Blends™
Item 49747: **Salmon Oats & Squash**
Enteral Feeding Liquid Meal

Description	Real Food Blends™ Salmon Oats & Squash is a pre-packaged pureed food meal that is fed via feeding tube. Each 8 fluid ounce (267g) portion delivers 13 grams protein, 20 grams fat and 26 grams of carbohydrate in 330 calories.
Ingredients	Water, squash puree, salmon, pomegranate juice concentrate, rolled oats, flaxseed oil
Caloric Distribution	15% calories from protein; 33% calories from carbohydrate; 52% calories from fat
Protein Source	Salmon, Oats
Carbohydrate Source	Pomegranate juice, oats, squash
Fat Source	Flaxseed oil, salmon
Water Content	73%
Fiber / Source	2.2g per serving / Oats, squash puree
Allergens	Fish (salmon) Manufactured in a facility that processes: egg, fish, wheat, milk, shellfish, soy, sulphites, and tree nuts (almonds)
Gluten Free	No (contains oats)
Lactose Content	0
Phenylalanine	327mg/serving
Contraindication	Product is made from usual and customary foods. An individual would not be expected to have a reaction unless they were sensitive, or allergic, to one of the ingredients. Drug/nutrient interactions should be evaluated by the physician and/or pharmacist.
Kosher	No
Halal Certified	No
Use Instruction	Bolus by feeding tube or may be consumed orally. Refrigerate any unused portion and use within 24 hours. For feeding tube; bolus (by syringe) one serving of Real Food Blends™ in addition to, or in place of, a volume of usual formula as directed by your health care professional. Flush tube with water after feeding.
Shelf Life	3 years from date of manufacture, unopened, at room temperature

As with any real food product, variations in caloric and nutrient levels should be expected due to soil and weather conditions. If a specific medical condition requires precise nutrient levels, please discuss with your medical team before using Real Food Blends meals.

NUTRITION INFORMATION**

**Nutrition information is calculated based on USDA Nutrient Database Standard Reference and manufacturer specification.

		9.43 oz / 267 g (8 fl oz single portion)	Per 100 grams
Calories		330	123.91
Protein	g	13	4.99
Carbohydrate	g	26	9.74
Sugars	g	9	3.37
Fiber	g	2.2	0.84
Sodium	mg (mEq)	30 (1.32)	11.2 (0.5)
Total Fat	g	19.85	7.44
Saturated Fat	g	2.2	0.83
Monounsaturated Fat	g	1.8	0.7
Polyunsaturated Fat	g	1.1	0.4
Trans Fat	g	0	0
Cholesterol	mg	28.84	10.81
Potassium	mg (mEq)	236 (6.05)	88.3 (2.27)
Vitamin A	mcg	4.48	1.68
Vitamin C	mg	0.6	0.23
Thiamin	mg	0.21	.08
Riboflavin	mg	0.13	.05
Niacin	mg	4	1.5
Calcium	mg	48.33	18.1
Iron	mg	1.95	0.73
Vitamin D	mcg	0	0
Vitamin E	mg		
Vitamin B6	mg	0.15	.056
Folate	mcg	14.6	5.5
Vitamin B12	mcg	3.51	1.31
Phosphorus	mg (mEq)	183.83 (12)	68.9 (4.45)
Iodine	mcg		
Magnesium	mg (mEq)	40.3 (3.32)	15.1 (1.24)
Zinc	mg	0.85	.32
Copper	mg	0.12	0.045
Biotin	mcg		
Pantothenic Acid	mg	0.7	0.26
Vitamin K	mcg	0.14	0.052
Chloride	mg (mEq)		
Manganese	mg	0.76	0.285
Selenium	mcg	18	6.74

ORDERING INFORMATION

Real Food Blends™ Meal	Item#	Each UPC	Case UPC	First Data NDC Format*	MediSpan NDC Format	Truven Health Red Book
Orange Chicken 12 x 9.4 oz. Pouches / Case	49746	0 82045 49746 5	7 3066944966 6	Unit: 82045-0497-46 Case: 30669-0449-66	---- 30669-44966	82045-049746 ----
Salmon, Oats & Squash 12 x 9.4 oz. Pouches / Case	49747	0 82045 49747 2	7 3066944967 3	Unit: 82045-0497-47 Case: 30669-0449-68	---- 30669-44967	82045-049747 ----
Quinoa, Kale & Hemp 12 x 9.4 oz. Pouches / Case	49748	0 82045 49748 9	7 3066944968 0	Unit: 82045-0497-48 Case: 30669-0449-67	---- 30669-44968	82045-049748 ----
Beef, Potatoes & Spinach 12 x 9.4 oz. Pouches / Case	49749	0 82045 49749 6	7 3066944969 7	Unit: 82045-0497-49 Case: 30669-0449-69	---- 30669-44969	82045-049749 ----
Eggs, Apples & Oats 12 x 9.4 oz. Pouches / Case	49750	0 82045 49750 2	7 1641749750 4	Unit: 82045-0497-50 Case: 16417-0497-50	---- 16417-49750	82045-049750 ----

*NDC Formatted Number for reference. Contact your Truven Health service representative for RedBook ID.

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Refer to package for current data.