

# A Feeding Tube Doesn't Mean Food is Off the Table

## Why Real Food Blends®?

- The only blenderized tube feeding product offering true variety with 6 different meals & 1 snack
- Provides the benefits of a blenderized diet with the simplicity of a ready-to-feed product
- Covered by many insurance plans under HCPCS B4149

## 6 Meal Varieties for Adults & Kids

- **Salmon, Oats & Squash**  
*Wild-caught salmon*
- **Beef, Potatoes & Spinach**  
*Grass-fed beef*
- **Chicken, Carrots & Brown Rice**  
*US-raised chicken*
- **Turkey, Sweet Potatoes & Peaches**  
*US-raised turkey*
- **Quinoa, Kale & Hemp**
- **Eggs, Apples & Oats**  
*Eggs from US*

## 1 Snack for Adults & Kids

- **Mini Prunes, Pears & Pumpkin**  
*Easy to add to existing tube feeding routine*  
*Good source of fiber from real food known to aid bowel function*



## Made from Simple Nutritional Variety Whole Food Ingredients

- Each meal or snack is made of 5-8 consciously chosen ingredients, providing easy access to a true blenderized diet



## Nutritional Variety

- A variety of proteins, fruits, vegetables, whole grains & fats are offered across six different meals and a snack



## Nutritionally Customizable

- No added vitamins or minerals
- No added salt\* or sugar\*\*
- Does not contain dairy, soy, nuts, gluten



## Convenient Ready-to-Feed

- Premade shelf stable meals & snack take the guesswork out of blenderized tube feeding

\*Not a sodium free food

\*\*Not a low calorie food



## Nutritional Information

Per pouch	Mini Prunes, Pears, Pumpkin	Turkey, Sweet Potatoes & Peaches	Eggs, Apples & Oats	Chicken, Carrots & Brown Rice	Quinoa, Kale & Hemp	Salmon, Oats & Squash	Beef, Potatoes & Spinach
Volume	4 oz/113g (113 mL single portion)	9.43 oz/267g (237 mL single portion)					
Description	Snack-size, easy addition to current tube feeding routine	Meals replicating true blenderized diet					
Calories	100	320	320	340	340	330	330
Protein, g	1	14	8	14	12	12	11
Carbohydrates, g	24	23	26	28	32	25	30
Fiber, g	3	4	3	3	6	3	2
Total Fat, g	1.5	19	20	20	19	20	18
Saturated Fat, g	0	3	3	2.5	2.5	3	3
Trans Fat, g	0	0	0	0	0	0	0
Cholesterol, mg	0	55	190	45	0	25	30
Sodium, mg (mEq)	15 (0.75)	80 (3.48)	80 (3.48)	90 (3.91)	20 (0.87)	25 (1.09)	60 (2.61)
Potassium, mg (mEq)	280 (7.18)	664 (17.03)	239 (6.13)	514 (13.18)	401 (10.28)	300 (7.69)	607 (15.56)

## Ordering Information

Real Food Blends®	Item #	Unit UPC (pouch)	Case UPC	NDC* Format Code
Chicken, Carrots & Brown Rice - 12 x 9.4 oz Pouches/Case	176988	0 82045 49746 5	7 3066944966 6	30669-0449-66
Salmon, Oats & Squash - 12 x 9.4 oz Pouches/Case	176987	0 82045 49747 2	7 3066944967 3	30669-0449-67
Quinoa, Kale & Hemp - 12 x 9.4 oz Pouches/Case	176992	0 82045 49748 9	7 3066944968 0	30669-0449-68
Beef, Potatoes & Spinach - 12 x 9.4 oz Pouches/Case	176993	0 82045 49749 6	7 3066944969 7	30669-0449-69
Eggs, Apples & Oats - 12 x 9.4 oz Pouches/Case	176989	0 82045 49750 2	7 1641778184 4	16417-0781-84
Turkey, Sweet Potatoes & Peaches - 12 x 9.4 oz Pouches/Case	176990	7 16417 78185 1	7 1641778186 8	16417-0781-86
Mini - Prunes, Pears & Pumpkin - 12 x 4 oz Pouches/Case	182829	7 4973500083 0	7 4973510083 7	49735-0100-83

For insurance billing purposes, all meals are listed under the Healthcare Common Procedure Coding System (HCPCS) B4149.

\*Nutricia North America does not represent these codes to be National Drug Codes (NDCs). NDC-format codes are product codes adjusted according to standard industry practice to meet the format requirements of pharmacy and health insurance systems.

## Additional Information

- 320-340 calories per 237mL meal (1.3 - 1.4 Cal/mL)
- 100 calories per 4 oz (113 g) snack (Real Food Blends Mini)
- Can be used as bolus, gravity or pump feeding with 14Fr G-tube or larger\*\*
- Can be used by adults & children
- Real Food Blends Meals can be used as a primary source of nutrition, or in conjunction with tube feeding formula or home blenderized diet

\*\*If consistency with gravity or pump feeding is a concern, dilute with fluid.

For more information, resources, or to place an order,  
visit our website at [RealFoodBlends.com](https://RealFoodBlends.com)



To learn more, please visit [RealFoodBlends.com](https://RealFoodBlends.com) or  
call **1-800-365-7354** Monday-Friday 8:30 AM-5:00 PM ET



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