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| Technical Information:   | <b>Real Food Blends™</b><br>Item 49747: Salmon, Oats & Squash<br>Enteral Feeding Liquid Meal   |
| Description              | Real Food Blends™ Salmon Oats & Squash is a pre-packaged pureed food meal that is fed via feeding tube. Each 9.4-ounce pouch yields an 8-fluid ounce serving (237ml) delivering 12 grams protein, 20 grams fat and 25 grams of carbohydrate in 330 calories  |
| Ingredients              | Pomegranate Juice, Water, Squash Puree, Salmon, Rolled Oats, Flaxseed Oil  |
| Caloric Distribution     | <b>14%</b> calories from protein<br><b>31%</b> calories from carbohydrate<br><b>55%</b> calories from fat  |
| Protein Source           | <b>Salmon</b>  |
| Carbohydrate Source      | Oats, Pomegranate Juice, Squash  |
| Fat Source               | Flaxseed Oil, Salmon   |
| Water Content            | 79%  |
| Fiber / Source           | 3 g per serving / Oats, Squash Puree   |
| Allergens                | <b>Fish (Salmon)</b> <ul style="list-style-type: none"> <li>Manufactured in a facility that processes: egg, fish, gluten, milk, shellfish, soy, sulphites, tree nuts, and wheat</li> </ul>   |
| Gluten Free              | Not tested. Does not contain gluten ingredients<br>Oats in meal are certified Gluten Free  |
| Lactose Content          | 0 g per serving  |
| Phenylalanine            | 486 mg per serving   |
| Contraindications        | <b>Fish Allergy</b> <ul style="list-style-type: none"> <li>Product is made from usual and customary foods. An individual would not be expected to have a reaction unless they were sensitive, or allergic, to an ingredient.</li> <li>Drug/nutrient interactions should be evaluated by the physician and/or pharmacist.</li> </ul>  |
| Kosher                   | No   |
| Halal Certified          | No   |
| User Instruction         | <i>Use as directed by your Health Care Professional</i> <ul style="list-style-type: none"> <li>Bolus - Packaged ready to use. May consume orally.</li> <li>Gravity or pump administration - Add 2-4 ounces of liquid as needed to reduce viscosity.</li> <li>Refrigerate any unused portion and use within 24 hours.</li> <li>Flush tube with water after each feeding.</li> </ul> |
| Nutritional Applications | <i>May help address feeding intolerance for those exhibiting the following symptoms:</i> <ul style="list-style-type: none"> <li>Gagging/Retching</li> <li>Vomiting</li> <li>Constipation</li> <li>Failure to thrive</li> <li>Diarrhea</li> <li>Bloating/Distention</li> </ul>  |
| Free from                | Soy, corn, dairy, peanuts, and artificial color/flavor   |
| Shelf Life               | 3 years from date of manufacture, unopened, at room temperature  |

As with any real food product, variations in caloric and nutrient levels should be expected due to growing conditions. If a specific medical condition requires precise nutrient levels please discuss with your medical team before using Real Food Blends meals.

## NUTRITION INFORMATION<sup>1</sup>

|                                    | Measure  | 9.4 oz / 267 g<br>(237 mL single serving) | Per 1000 mL  |
|------------------------------------|----------|---|--------------|
| <b>Calories</b>                    |          | <b>330</b>                                | <b>1,392</b> |
| <b>Nutrients</b>                   |          |   |              |
| Protein                            | g        | 12  | 51           |
| Carbohydrate                       | g        | 25  | 105          |
| Fiber                              | g        | 3   | 12.7         |
| Sugars                             | g        | 10  | 42           |
| Added Sugars                       | g        | 0   | 0            |
| Total Fat                          | g        | 20  | 84           |
| Saturated Fat                      | g        | 3   | 12.7         |
| Monounsaturated Fat                | g        | 5.0                                       | 21.1         |
| Polyunsaturated Fat                | g        | 11.4                                      | 48.1         |
| Trans Fat                          | g        | 0   | 0            |
| Cholesterol                        | mg       | 25  | 105          |
| <b>Vitamins</b>                    |          |   |              |
| Vitamin A (RAE)                    | mcg      | 140                                       | 591          |
| Vitamin C                          | mg       | 4   | 17           |
| Vitamin D                          | mcg      | 7   | 29.54        |
| Vitamin E (α tocopherol)           | mg       | 0.77                                      | 3.25         |
| Thiamin (B <sub>1</sub> )          | mg       | 0.12                                      | 0.51         |
| Riboflavin (B <sub>2</sub> )       | mg       | 0.10                                      | 0.42         |
| Vitamin B <sub>6</sub>             | mg       | 0.24                                      | 1.01         |
| Vitamin B <sub>12</sub>            | mcg      | 0.60                                      | 2.53         |
| Niacin (B <sub>3</sub> )           | mg       | 4.32                                      | 18.23        |
| Pantothenic Acid (B <sub>5</sub> ) | mg       | 0.64                                      | 2.70         |
| Folate (DFE)                       | mcg      | 31  | 131          |
| Choline                            | mg       | 51  | 215          |
| Vitamin K                          | mcg      | 4   | 17           |
| <b>Minerals</b>                    |          |   |              |
| Sodium                             | mg (mEq) | 30 (1.30)                                 | 127 (5.52)   |
| Potassium                          | mg (mEq) | 300 (7.69)                                | 1266 (32.46) |
| Calcium                            | mg (mEq) | 43 (2.15)                                 | 181 (9.05)   |
| Phosphorus                         | mg (mEq) | 205 (13.23)                               | 865 (55.81)  |
| Magnesium                          | mg (mEq) | 72 (5.93)                                 | 304 (25.02)  |
| Iodine                             | mcg      |   |              |
| Copper                             | mg       | 0.11                                      | 0.46         |
| Zinc                               | mg       | 0.85                                      | 3.59         |
| Iron                               | mg       | 1   | 4.22         |
| Manganese                          | mg       | 0.66                                      | 2.78         |
| Selenium                           | mcg      | 22  | 93           |
| Free Water                         | mL       | 187                                       | 789          |

<sup>1</sup>Nutrition information is calculated based on USDA Nutrient Database Standard Reference and manufacturer specification.



## ORDERING INFORMATION

| Real Food Blends™ Meal   | Item # | Each UPC        | Case UPC       | First Data NDC Format*                     | MediSpan NDC Format* | Truven Health Red Book NDC Format* |
|--|--------|-----------------|----------------|--|----------------------|------------------------------------|
| <b>Chicken, Carrots &amp; Brown Rice</b><br>12 x 9.4 oz. Pouches / Case    | 49746  | 0 82045 49746 5 | 7 3066944966 6 | Unit: 82045-0497-46<br>Case: 30669-0449-66 | ----<br>30669-44966  | 82045-049746<br>----               |
| <b>Salmon, Oats &amp; Squash</b><br>12 x 9.4 oz. Pouches / Case            | 49747  | 0 82045 49747 2 | 7 3066944967 3 | Unit: 82045-0497-47<br>Case: 30669-0449-67 | ----<br>30669-44967  | 82045-049747<br>----               |
| <b>Quinoa, Kale &amp; Hemp</b><br>12 x 9.4 oz. Pouches / Case              | 49748  | 0 82045 49748 9 | 7 3066944968 0 | Unit: 82045-0497-48<br>Case: 30669-0449-68 | ----<br>30669-44968  | 82045-049748<br>----               |
| <b>Beef, Potatoes &amp; Spinach</b><br>12 x 9.4 oz. Pouches / Case         | 49749  | 0 82045 49749 6 | 7 3066944969 7 | Unit: 82045-0497-49<br>Case: 30669-0449-69 | ----<br>30669-44969  | 82045-049749<br>----               |
| <b>Eggs, Apples &amp; Oats</b><br>12 x 9.4 oz. Pouches / Case              | 49750  | 0 82045 49750 2 | 7 1641778184 4 | Unit: 82045-0497-50<br>Case: 16417-0781-84 | ----<br>16417-78184  | 82045-049750<br>----               |
| <b>Turkey, Sweet Potatoes &amp; Peaches</b><br>12 x 9.4 oz. Pouches / Case | 78185  | 7 16417 78185 1 | 7 1641778186 8 | Unit: 16417-0781-85<br>Case: 16417-0781-86 | ----<br>16417-78186  | 16417-78185<br>----                |

\*NDC Format numbers are for reference to identify the labeler, product, and trade package size for providers.

For insurance billing purposes, all meals are listed under the Healthcare Common Procedure Coding System (HCPCS) B4149.