

Thanksgiving Dinner

Our Turkey, Sweet Potatoes & Peaches meal already features several foods that are common at Thanksgiving, but this recipe includes a few more. Feel free to customize with whatever your family eats on Thanksgiving. Basic nutrition information is provided, but this will vary depending on what you include in your blend and how each food is prepared. Feel free to enjoy this recipe outside the month of November, too!

MAKES 2 8-OUNCE SERVINGS

(41 CALORIES/OZ)

Nutrition per serving	
Calories	327
Fat	16 g
Carbohydrate	37 g
Protein	10 g
Sodium	683 mg
Fiber	5 g
Sugars	11 g

INGREDIENTS

- 1 cup cranberries
- 1 cup stuffing
- 1 Turkey, Sweet Potatoes & Peaches meal (entire package)
- 1 cup water

DIRECTIONS

1. Add Turkey, Sweet Potatoes & Peaches meal, cranberries, and water to the blender and blend until smooth.
2. Add stuffing and any additional ingredients to the blender and blend until smooth.
3. If a thinner texture is desired, add additional fluid. If there are any small particles remaining after blending, strain the blend before use to avoid clogging the tube.



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