



**Lunch Recipes**

**Cranberry Turkey Grilled Cheese**

# Cranberry Turkey Grilled Cheese

- 1 pouch Real Food Blends® Turkey, Sweet Potatoes & Peaches
- 1 slice whole wheat bread, medium\*
- 1 oz provolone cheese\*\*
- 2 Tbsp cranberries, dried
- 1 Tbsp butter\*\*
- 1 cup whole milk\*\*
- ½ Tbsp rosemary, dried

## Instructions:

Combine the ingredients and blend until you have a smooth consistency.

\*Contains wheat

\*\*Contains milk

\*\*\*Specific nutritional information may vary by brand/variety

Please check with your healthcare team if this recipe is right for the individual with the feeding tube.



For questions about Real Food Blends, contact Nutricia North America  
(800) 365-7354 • [realfoodblends.com](http://realfoodblends.com)

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## Nutritional Information\*\*\*

Serving size (mL).....	600
Calories.....	830
Calories (per mL).....	1.4
Fat (g).....	48
Carbohydrates (g).....	68
Fiber (g).....	8
Protein (g).....	34

